**Spring 2024 Group Norms**

1. What is said in the group, stays in group. **This is a confidential space**. We will not share any information shared within the group to anyone outside of this space, including social media, texting others to share, gossiping, etc.
2. We **share mutual respect** with one another within this safe space.
3. We can speak openly, but **without judgment** or interrupting one another.
4. **Be present** within the group.
5. No use of phones or other electronic devices during group.
6. We will be vulnerable, honest, and respectful throughout this process.
7. Disagreements will be handled in the group by using “I” language and will not be brought into other spaces.
8. If we disagree with another group member, we will not attack them. We will be curious about their point of view and will use our active listening skills.